Thank You
Thank you to Chris & Stacey Little with Matthew & Tom, Mark Perry with Nick & Jess & Patrick Healy, Paul Sanders with Oscar Cole, Mark Reeves & Nathan, David Petering & Alannah for coming down on a chilly winter evening to move the ‘softfall’ from the oval to the playground. It is great to work in a school where parents and students are so caring and willing to help out.

New Child Restraint Laws
From November 9 this year, children under seven years of age must wear a child restraint or booster seat when travelling in a car. The type of restraint will depend on the age of the child as follows: Children aged between four years and under seven must wear an approved, properly fastened and adjusted, forward-facing child restraint with an in-built harness OR an approved booster seat which is properly positioned and fastened.

Chicken Pox
We have a few cases of chicken pox in the school at the moment. Whilst this is not usually a problem for most children it is very serious for children with reduced immunity. As we have a child in the school who needs to stay away if there is a chance of contracting chicken pox please take extra care not to send your child to school if you think they may have chicken pox.

Healthy Mouths
Keep your teeth and gums healthy by eating a variety of nutritious foods, drinking plenty of tap water and maintaining good oral hygiene through brushing, flossing and regular dental check ups. Thorough tooth cleaning with the correct technique will help maintain healthy teeth and gums. Good oral hygiene at an early age reduces the likelihood of gum disease later in life. Children should be encouraged to clean their teeth at least twice a day – after meals and before bed.

The Dental Health Services Victoria website provides information about staying healthy and looking after your mouth. The kids section of the website is - http://www.dhsv.org.au/defenders/ and there are lots of fun things to explore on the site!

Learning For Life meeting
There will be a Learning for Life meeting in the Staff Room this Thursday evening at 7.00pm. This is the meeting where policies are discussed before being presented to School Council. We are encouraging parents to be involved in this meeting so if you are interested in attending please give Jenni Garland a call.

School Council
There is a School Council meeting on Monday night (August 10th). Please note that this meeting will be starting early at 6.30pm.

Have a great week
Tessa Calder
## Community News

**See notice board for more details**

- **Yoga classes** with Jannie Kemp in Highton/Belmont. Days & evenings. Mon-Thurs. PH: 52613592
- **Geelong Junior Baseball**-New RALLY CAP program Fri Aug 21st– Oct 23. 5.00-6.15 PM players aged 5 –9 Registration Aug 14th. Geelong baseball centre Waurn Ponds. Ph Larry 0409921700
- **GKR Karate.** Families for less than half price until 9/8/09 call Lisa 52020606

## Parents Club

The next **Parents Club Meeting** will be **TONIGHT**, in the **Staff Room** at the earlier time of **7.00pm**.

We are a group of parents that meet monthly to talk about and action fun ways to raise money for the school, to help buy things that the teachers or children need, that may not be covered in the school or government budgets.

We look forward to feedback on our fund raising events and listen to new ideas or suggestions for future ones. Maybe another school has tried something in the past that has been a great success, come and share your experiences with us.

We welcome new members, and appreciate you may not be able to attend every meeting, but we would love to see you there. The meetings alternate from a 9am to 7pm meeting and generally fall on the First Wednesday of each month.

If you can not make it, but have something you want raised – See me in the playground or email me on stacey.little@bigpond.com

## Lost at Concert

A silver metal headband with diamantes was lost at the Tuesday night school concert. It is sadly missed as it was a loved birthday gift. If found please return to Milly Ward in JNL.

## Athletics

Our house athletics will be held on Friday, please ensure students have warm clothing as we will endeavour to get through as many events as possible in this weather. Yes, students are to wear their house colours.


Thanks to all the parents who have volunteered to help on Friday at our House sports, please meet in the staff room at 9.00 A.M. Anyone else who would like to assist, please leave your name at the office, or meet us in the staffroom on Friday morning and we will find a job for you.

## For your Calendar

### AUGUST

**Active after school commences**

- **Monday - 3rd August - 14th September**
- **Tuesday - 4th August - 15th September**

#### Friday 7th

- **No Assembly**
- **House Athletics**
- **School Council (early start at 6.30P.M.)**
- **District Athletics**
- **Student Disco**

#### CANTEEN ROSTER

**Week commencing 10th August**

Stacey Little 9 - 11.30

#### SICKBAY ROSTER

**Week commencing 10th August**

Jocelyn Mackay
Green Club

During Monday 8th August lunchtime gardening session we will be having a weeding competition on the School Oval. There will be prizes for the most collected, funniest, biggest, smallest etc. Come along and give us a hand, have a chat and cuppa afterwards. Hope to see many small and big hands at work. We are also looking for pots any shape, size, colour and make. Please leave any donations at the office or contact Leesa Herrera 0407353896

Keepsake Tea Towels

Please see the insert in today's newsletter for information about this exciting fundraiser.

Recipe Book

As the recipe book is intended to be a whole school activity we are delaying the collation of all the recipes until we can get one from every child in the school. We are still waiting on recipes from many families. If you don’t have a family favourite recipe let us know and we can allocate one of our “extra” recipes to your child. It would be disappointing for anyone’s name not to be in print, so please speak to the office staff if you need assistance. E mail your recipe to highton.ps@edumail.vic.gov.au

You don’t have to be a brilliant cook for us to love your recipe, and we will happily take Granny’s stew or bickies, along with newer “trendy” recipes, as it is all about our students and their families.

Student Awards

JRH Hayden Bickley
JRL Ronan Donohue, Annabelle Duyvestyn
JRP Angelina Hogan-Fox
MDA Georgia Wekworth
MDJ Shobini Kalaivaner
PRC Riley Collins
PRD Harry Parker-Lotherington
SNG Ebony Smith
SNS Isabelle Lunardelli
School Council President’s report

Our last School Council meeting (7pm, 20 July) started with what I consider to be the most enchanting environmental presentation I have ever witnessed. Darcy, Bailey and Allison from Prep delivered irrefutable evidence that Rubbish Free Lunch Boxes are a way we can all contribute to a healthy planet and indeed that waste packaging in lunch boxes will create a larger green-house gas footprint on our planet! We can all do our bit! How about including food that has its own packaging, and packaging that you eat, like apples? Otherwise use recyclable plastic containers that you take home, wash and reuse. Also never, ever buy those environmentally nasty Multi-packs – you know the ones where there are 10 small packs in one large pack (e.g. Tiny Teddies). Why buy and throw away ELEVEN packages to land-fill when the same items are sold in one recyclable package (cardboard box) and you can divide it yourself into recyclable containers? The students acted out the detrimental impacts of methane gases and were absolutely passionate about the environment and the future of our planet. Our future is in very good hands! Regarding the remainder of the meeting, we discussed all the usual items which I now have no room for :-)
Mark Nicholls

Geelong Food Relief Centre

Foodbank is once again running it’s TOUCAN (two can) APPEAL. The appeal is being held during the month of August and provides more than 8,000 families with emergency food supplies. We are inviting students to contribute a can or two of food or any non-perishable grocery item which in turn will be used by foodbank to distribute to needy families in the Geelong community.

No Assembly

Due to our house athletics being held on Friday there will be no assembly this week.

Fathers Day

A gathering of minds for ideas for our upcoming Fathers day stall will once again be held in the staffroom, this coming Monday at 9.00A.M.

School Disco

School Disco Helper List
We have a ‘disco’ arranged for the children on Friday 21st August, in the school hall. Although we are happy for you to drop your children off and return at pick up – we do need to ask for 6-8 parent helpers for each session.
If you are available, please fill in the form below and return it to the office.
Any enquiries – contact Stacey Little 03 5243 1650 or email stacey.little@bigpond.com

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